

BARNARD BULLETIN

October 2023



DATES TO REMEMBER:

- October 3:** School Picture Day
- October 5:** Parent Teacher Conferences
3:00-6:00 pm
- October 5:** School Board Meeting 4:30 pm
- October 6:** Early Release Day (11:55 dismissal)
- October 6:** Parent Teacher Conferences
12:00-3:00pm
- October 9:** No School-Columbus Day/Indigenous
People Day
- October 21:** Touch A Truck Event 1-4 at the Town
Hall (8th Grade Fundraiser)
- October 24:** PTA Meeting 7:30 pm
- October 31:** Halloween Parade 8:45 am

Dear Barnard Families,

Thank you for attending our Open House events this past month. It was so nice to see some familiar faces and to meet new families, as well! We look forward to working with you throughout the year.

We will be holding parent teacher conferences this month. Parents and guardians were given the option of attending the conferences in-person or virtually. The conferences will be scheduled for Thursday, October 5 from 3:00pm-6:00pm, and Thursday, October 6 from 12:30pm-3:00pm. Sign-Up Genius' were sent home last week. If you have not signed up yet, please contact your child's teacher.

We will hold our annual Halloween parade again this year. The parade will take place at 8:45 am on October 31st. The community is welcome to attend. In the event of rain, the parade will take place in the gymnasium.

Our Cross Country team is having a successful season. They have competed in one meet thus far and have done very well. The team consists of twenty-five (25) grade 5-8 students. We are proud of their efforts and their spectacular sportsmanship.

We are pleased to continue our band program at Barnard School this year for students in grades 4-8. Mr. Emanuel has been working hard to get the program up and running. If you could not make the Band Information Night and your child would like to join band, it is not too late! [Here](#) is information on our instrument rental program. Contact Mr. Emmanuel for more information:
aemanuel@sau21.org

Our 6th grade students are looking forward to attending Environmental Camp on October 11-13. Students will be attending Nature's Classroom in Ocean Park Maine this year. The camp focuses on environmental science, social-emotional learning, and adventure education. Hands-on lessons allow student to process information using their critical thinking skills, collaboration, and teamwork.

This month we will begin our monthly all school meetings and buddy groups. This year's all school meetings will focus on the importance of developing a growth mindset. Each month a class will lead the all school meeting with a growth mindset theme. Following the meetings, our cross grade level buddy groups will participate in cooperative learning activities that help to build those growth mindset skills. The buddy groups are led by our 8th grade students. Our goal is to work on social-emotional skills, promote leadership, build cross grade level relationships among students, and provide mentors for our younger students.

Finally, mark your calendars for the [Touch A Truck](#) event that will be held at the Town Hall on October 21 from 1:00-4:00 pm. This event is sponsored by the 8th grade. All proceeds will go toward their end-of-year field trip to New York City.

We are looking forward to a happy and healthy October!

Sincerely,

Michelle Witt, Principal

Counselor's Corner

Hello Big Beautiful Brains!! Let's make some mistakes, learn, and grow this year! That is the SEL focus for 2023-24 . . . Growth Mindset.



All students K-8 will be learning about their developing, ever changing brains and how they can best take care of their bodies and brains in order to be their best selves in

all they do, in and out of the classroom. Weekly class lessons will focus on the skills of self-awareness, self-management, social awareness, relationship skills and responsible decision making (CASEL competencies).

In addition, middle school students will have a class focused on the Habits of Learning and goal setting. Check out your middle school students' agenda book for their weekly goal and talk with them about how you can support their success. This month we will be focusing on learning the [WOOPS](#) method of goal setting . . . check it out. You might even want to join them in setting some WOOPS goals of your own.



K/1 Cooperative Learning

Nurse's News

Maintaining a safe school environment for our students, staff and community requires a comprehensive and layered approach that considers the physical environment, the school culture and climate, as well as a process for early identification of concerning behaviors.

The Seacoast CARE Team is a behavior intervention team formed to provide support for students, staff, and the community. Through an established plan the team works to identify early signs of potentially disruptive behavior, self-harm tendencies, and the risk of violence towards others. This team is composed of members from all schools within SAU 21 and SAU 90. They take a proactive and collaborative approach to recognize, evaluate, and reduce the risks associated with students, faculty, or staff members who display concerning behaviors or thoughts. The Seacoast CARE Team is a valuable resource for our small school and community.

Another important tool to support safety in our community is the [Quick Tip Digital Hotline](#). This is an **anonymous reporting system available for anyone to report unsafe or concerning behavior** including staff, parents, and students. This "See Something, Say Something" tip line allows anyone to communicate concerns about unsafe behavior within the SAU 21 community. Simply click "I need to report something." on the Barnard or any SAU21 district website to report unsafe behavior to school administrators: violence/assault, sexual harassment, drugs/alcohol, threats, suicide threats or other concerns. Providing your contact information is optional, otherwise you will remain anonymous.

See Something, Say Something!

I need to report something

I am in crisis/I know someone in crisis

Student quick tip protocol

Spanish News

Spanish classes are off to a good start! Our enthusiastic K-1 students have been learning their colors through songs and stories. The students in grades 2-3 have started to work on expressing likes and dislikes of fruit through a fun song on Rockalingua. Grades 4-5 have also been using Rockalingua, to learn about hobbies. Each student has changed the words to a song so that it tells what hobbies they enjoy. Our students in grades 6 and 7 just completed summative assessments on greetings, introductions, and farewells. They are starting a writing activity this week. The 8th grade students have started to learn how to conjugate verbs, which is a challenging but important grammatical skill. Finally, as it is Hispanic Heritage month, students in grades 4-8 have been learning about several Hispanic Americans, including Antonia Novello, a former Surgeon General, and Judy Baca, an artist who created a half-mile long mural in Los Angeles. As always, please feel free to contact me any time if you have questions. Looking forward to the months ahead!

pcole@sau21.org

PTA News

Thank you for supporting the PTA with the successful Fall Festival event! Please join us for the next PTA meeting on **October 24 at 7:30 pm** at Barnard School.

Touch-A-Truck Event

Help support the 8th grade by attending the Touch- A-Truck event on **October 21 from 1-4pm** at the Town Hall. More information can be found [here](#).



Barnard's Cross-Country Team

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(look for the Hawk logo)

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